



Potty Training: Tips for Success

- 1. Wait Until They're Ready:** Look for signs like staying dry for longer periods or showing interest in the toilet.
 - 2. Create a Routine:** Offer potty time after meals, naps, and every couple of hours.
 - 3. Celebrate Wins:** Use high-fives, cheering, or a sticker chart to reward trying.
 - 4. Keep It Positive:** Stay encouraging. Accidents are part of the learning process.
 - 5. Teach the Whole Routine:** Help with wiping, flushing, and hand washing.
 - 6. Dress for Success:** Choose easy on/off clothes like pull-on pants.
 - 7. Use Books and Songs:** Find potty-themed books and silly songs to make it fun.
 - 8. Be Patient:** Regression is normal. Support your child through the ups and downs.
- Partner with Us:** Let your child's teacher know where you are in the process so we can help too!

Learn more potty training tips by visiting our website at sayyestochildcare.org/blog

